

2014 – 2015 SELPA 1 CAC Coffee Schedule

Coffees will be at the Covington School Multi 205 Covington, Los Altos 94024

Hospitality begins at 6:45 pm

all of these talks are on **Wednesdays**

Sept 17th 7 – 9 PM I am a Parent New to Special Education and Special Needs. Help!!!

Where do I Start? If you are new to special ed or not so new yet still have lots of questions, come and meet local Dr. Trena Sutcliffe, a developmental and behavioral pediatrician. She is an expert in over 18 different conditions such as anxiety, autism, ADHD, behavioral disorders, CP, and other developmental disabilities. We will be talking about navigating your way through the path of education, family life, testing, and more.

October 15th 7 – 9 PM Meeting the Challenges of the Twice-Exceptional Child Do you have a gifted learner who also struggles with learning or social challenges? Susan Weistart, a teaching specialist, will discuss how to meet the academic and social needs of a gifted learner with special needs, how to parent your unique child, and how to find support for both of you.

November 19th 7 – 9 PM Transition to Adulthood Life is full of transitions, and one of the more remarkable ones occurs when we get ready to leave high school and go out in the world as young adults. If you are the parent or provider of a transition age youth, 14-21 years of age, come learn about individualized transition post-secondary goals, transition goals, transition planning, and transition services. Bring your questions about transition and take home useful information related to transition.

January 21st 7 – 9 PM All About Middle School - How to prepare for and successfully complete middle school. Topics include self advocacy, executive functioning, best practices for having student participate in IEP meetings, self-awareness / knowing diagnosis, parent support and how much to back off. Our speaker is Nicole Gonzales, placement specialist for LASD.

March 18th 7 to 9 pm Building Social Capital for our Children As parents and caregivers of children with special needs, we strive to create a community which embraces them and where they can participate and feel included. The Interdependence Network is dedicated to partnering with human service organizations to build social capital, which is created when people are included, involved, and engaged in their communities. Come hear how local organizations are building inclusive communities right here in the Bay Area using this model.

April 15th 7 – 9 PM Special Needs that May Come with Adoption How pre-adoption issues (e.g., post traumatic stress, attachment disorders) may impact a child, what special issues a child who has been adopted may face in a school setting and how to best handle these, and what special issues these children face in adolescence and beyond. Our speakers will be Nancy Ng, a nationally known family counselor and adoptive parent and Dr. Judy Rothenberg, a psychologist experienced in the schools as well as private practice, who is also an adoptive parent.

These parent education events are sponsored by the SELPA 1 CAC (www.selpa1cac.org) an all-volunteer group of parents of children with special needs. Our service area includes all public school districts in Los Altos, Mountain View, and Palo Alto. All of our events are free and open to anyone who feels they might benefit. No registration is necessary.